DEPARTMENT OF DEFENSE NONAPPROPRIATED FUND HEALTH BENEFITS PROGRAM

Summary of Benefits Traditional Choice® Indemnity Plan

Effective 1 January 2002

Traditiona	l Choice	Indemnity	/ Benefits
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	Traditional Choice Indemnity Benefits		
Plan Provisions	Plan Benefits **		
Annual Deductible			
★ Individual	\$200		
★ Family	\$600		
Out-of-Pocket Limit (the maximum amount you pay for your share of covered expenses in a calendar year. Copays, deductibles and non-covered expenses do not count toward your Out-of-Pocket Limit)			
★ Individual ★ Family	\$2,000 \$6,000		
Lifetime Maximum	Unlimited		
Precertification	You handle; \$500 penalty for failure to precertify (penalty waived if you are overseas)		
Preventive Care ★ Physical exam and immunizations (one per calendar year)	100%, no deductible		
★ Well-child care and immunizations Birth to age 7	100%, no deductible		
 ★ Routine gynecological exam including Pap test and related lab fees (one per calendar year) 	100%, no deductible		
★ Mammogram (one per calendar year for women age 35 and over)	100%, no deductible		
★ Prostate screening exam (one per calendar year for men age 40 and over)	100%, no deductible		
★ Routine eye exam (one per calendar year)	80%, no deductible		
★ Lenses, frames and contacts (in addition to Vision One)	100% up to a \$75 maximum benefit per calendar year per person		
★ Routine hearing exam (one per calendar year)	100%, no deductible		
★ Hearing aids (\$500 lifetime maximum)	100%, no deductible		
Physician Services ★ Office visits for treatment of illness or injury	80% after deductible		
★ Maternity care	80% after deductible		
★ In-office surgery	100% of first \$1,000; then 80% after deductible		
★ Allergy testing and injections	80% after deductible		
★ Specialists (office visits)	80% after deductible		
★ Second surgical opinion	100%, no deductible		
Hospital Services			
Inpatient Services			
★ Hospital room and board and ancillary services	80% after deductible		
★ Preoperative testing	80%, no deductible		
★ Lab and X-ray	80% after deductible		
★ Surgery	80% after deductible		
★ Physician hospital visits	80% after deductible		
★ Anesthesia	80% after deductible		
Outpatient Services ★ Surgery	80% after deductible		
 ★ Surgery ★ Independent lab and X-ray facilities 	80% after deductible		
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Emergency Care * Hospital emergency room	80% after deductible		
Emergency Care	80% after deductible 50% after deductible		

Summary of Benefits Effective 1 January 2002

continued

Traditional Choice Indemnity Benefits

Plan Provisions	Plan Benefits**		
Health Care Alternatives ★ Convalescent facility (up to 90 days per calendar year; prior hospitalization not required)	80% after deductible		
★ Home health care (up to 90 visits per calendar year)	80% after deductible		
★ Private duty nursing (up to 70 eight hour shifts per calendar year)	80% after deductible		
★ Hospice (inpatient and outpatient)	100%, no deductible		
Other Health Care ★ Family planning (voluntary sterilization)	100% of the first \$1,000; the	100% of the first \$1,000; then 80% after deductible	
★ Short-term rehabilitation (60-day maximum per treatment)	80% after deductible	80% after deductible	
★ Durable medical equipment	80% after deductible		
★ Spinal disorder (chiropractic) (20 visits per calendar year)	80% after deductible		
Mental Health Care* ★ Inpatient	80% after deductible; up to 6 50% thereafter	80% after deductible; up to 60 days per calendar year; 50% thereafter	
★ Outpatient (up to 45 visits per calendar year)	80% after deductible		
Substance Abuse Treatment* ★ Inpatient (up to 45 days per calendar year)	80% after deductible	80% after deductible	
★ Outpatient (up to 45 visits per calendar year)	80% after deductible		
* Outpatient day maximums for mental health and substance abuse are	e not combined.		
Prescription Drug Benefits			
Participating Pharmacy Program (30-day supply)	Participating Pharmacies	Non-Participating Pharmacies	
★ Generic drugs	100% after \$10 copay	Not covered	
★ Formulary brand-name drugs	100% after \$20 copay	Not covered	
★ Non-formulary brand-name drugs	100% after \$30 copay	Not covered	
Prescriptions Purchased Overseas ★ Generic drugs	Not applicable	100% after deductible	
★ Brand-name drugs	Not applicable	80% after deductible	
Mail-Order Service (90-day supply) ★ Generic drugs	100% after \$10 copay		
★ Formulary brand-name drugs		100% after \$20 copay	
★ Non-formulary brand-name drugs	100% after \$30 copay		
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